



# DISTRICT 81

## MAY 2025



**DCM:** Danny G.  
danny.g@aa-seta.org  
**Alt DCM:** Andrea  
andrea.w@aa-seta.org

**Accessibility Chair:** John O.  
john.o@aa-seta.org

**Archives:** Wesley S.  
wesley.s@aa-seta.org  
**Alt:** Scott W.  
scott.wr@aa-seta.org

**Correctional Facilities:** Sarah  
sarah.e@aa-seta.org

**Finance & Budget:**  
**Chair:** Spencer  
spencer.w@aa-seta.org

**Treasurer:** DJ  
deland.m@aa-seta.org

**Grapevine:** Mark G.  
mark.g@aa-seta.org  
**Alt:** open

**Literature:** Mike A.  
michael.a@aa-seta.org  
**Alt:** Jon R.  
jonathan.r@aa-seta.org

**Newsletter:** Dawn F.  
dawn62297@gmail.com  
**Alt:** Bryan C.  
bryan.c@aa-seta.org

**PI/CPC:** Michelle C.  
michelle.c@aa-seta.org  
**Alt:** open

**Treatment Facilities:** Mike R.  
mike.ro@aa-seta.org  
**Alt:** Jeff F.  
jeffrey.f@aa-seta.org

**Webmaster:** Adrian L.  
adrian.l@aa-seta.org  
**Alt:** open

**Workshop:** Debra W.  
debra.wi@aa-seta.org

**Step 5: Admitted to God, to ourselves, and to another human the exact nature of our wrongs.**

**Tradition 5: Each group has but one primary purpose - to carry its message to the alcoholic who still suffers.**

**Concept 5: Throughout our structure, a traditional (Right of Appeal) ought to prevail, so that minority opinion will be heard, and personal grievances receive careful consideration.**

---

**WHEN ANYONE, ANYWHERE, REACHES OUT FOR HELP; I WANT THE HAND OF AA ALWAYS TO BE THERE. AND FOR THAT: I AM RESPONSIBLE.**

---

# UPCOMING EVENTS & COMMITTEE MEETINGS

**May 7: District 81 meeting** 7pm at Kelley's in La Marque 4604 Gulf Fwy, La Marque, TX 77568

**May 14: Accessibility Committee meeting** 6:30pm online via Google Meet  
<https://meet.google.com/qvk-rjzk-nad>

**May 14: Correctional Facilities meeting** 6:30pm at the Bay Area Club, 2111 Webster St, League City, TX 77573

**May 16: Archives Committee meeting** 6:00pm at the Bay Area Club, 2111 Webster St, League City, TX 77573 Rm E or F

**May 17: Emotional Sobriety Workshop** 1-4pm at the Holy Trinity Episcopal Church 4613 State HWY 3, Dickinson, TX 77539; see flyer!

**May 18: Newsletter Committee meeting** 5pm at Dawn F.'s house.

**May 18: Finance & Budget meeting** 7pm via Google Meets, send email to F & B committee chair to receive meeting info

**May 19: Grapevine Committee meeting** 5:30pm via Google Meets, send email to Grapevine committee chair to receive meeting info

**May 21: Website Committee meeting** 6pm online; send email to [john.a@aa-seta.org](mailto:john.a@aa-seta.org) to be added to the Google Meet invite.

**May 21: Workshop Committee meeting** 6:30pm Jason's Deli in League City

**May 21: Literature Committee meeting** 5:30pm via Google Meets <https://meet.google.com/nua-xrkk-tzc>

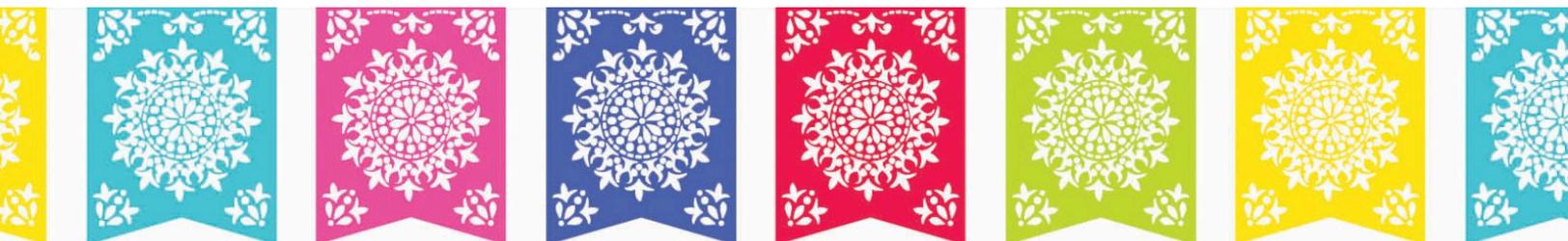
**May 26: Treatment Facilities Committee meeting** 7:00pm at Red River BBQ in League City, and via Zoom: 868-5564-9879; passcode: 06-10-1935

**May 29: PI/CPC Committee meeting** 6:30pm via Google Meets <https://meet.google.com/csw-pwgf-gyp>

**June 14: Pride In Recovery** Drag Night 3-9pm at the Great Wolf Lodge in Webster, TX

**July 13: TFC Committee Workshop** 1-4pm at the Bay Area Club, 2111 Webster St, League City, TX 77573; see flyer!

**October 24-26: TXSCYPAA 44** at Marriott South at Hobby Airport; see flyer!



# 78<sup>th</sup> Annual Texas State Convention

August 15-17, 2025 – Houston, TX  
"Service is Love in Action"

### AA Speakers

Aaron Z., Molalla, OR  
Donny M., Winnepeg, CA  
Tammy Z., Spruce Pine, NC  
Racy J. (GSO), NYC, NY  
Wayne H., Frisco, TX  
Hector H. (Spanish) El Salvador

### Al-Anon

Magdalena E., Seattle, WA



### Royal Sonesta Hotel

Houston Galleria Area  
2222 W. Loop South  
Houston, TX 77027  
713-627-7600 (Direct)  
800-766-3782 (Reservations)

### \$149 Room Rate

Convention Code 081525TXSAA  
Cut-off for \$149 rate is 7/18/2025  
Self-Parking: \$22.50/day

### Convention Attractions

- 1st Timer Contest
  - AA Meetings
  - Archives Room
  - Hospitality Suite
  - Workshops
  - Spanish Speakers
  - Spanish Translation (Bring your own earbuds)
- The famous Houston Galleria and numerous restaurants within walking distance of the hotel!*

Website: [txaaconvention.org](http://txaaconvention.org) | Email: [info.houstontsc@gmail.com](mailto:info.houstontsc@gmail.com)

**PRE-REGISTRATION ENDS 8/1/2025**

Full name: \_\_\_\_\_ Use this form and send payment to:  
Texas State Convention  
P.O. Box 7503, Houston TX 77270  
OR register online at [www.txaaconvention.org](http://www.txaaconvention.org)

Home Group: \_\_\_\_\_

Full name: \_\_\_\_\_ Badge name: \_\_\_\_\_  
[ ] AA [ ] Al-Anon [ ] Alateen

Home Group: \_\_\_\_\_

Address: \_\_\_\_\_ Badge name: \_\_\_\_\_  
[ ] AA [ ] Al-Anon [ ] Alateen

City/State/Zip: \_\_\_\_\_ Phone #: \_\_\_\_\_

Email: \_\_\_\_\_

# \_\_\_\_\_ AA @ \$25 thru 8/1/25 (\$30 onsite) \$ \_\_\_\_\_

# \_\_\_\_\_ Al-Anon @ \$25 thru 8/1/25 (\$30 onsite) \$ \_\_\_\_\_

# \_\_\_\_\_ Alateen @ \$5 \$ \_\_\_\_\_

Scholarship donation \$ \_\_\_\_\_

TOTAL DUE \$ \_\_\_\_\_

Opt out of future USPS mailings:  Special needs: \_\_\_\_\_

*Alateens must have signed permission forms!*

Please indicate any special needs on pre-registration form.

# EMOTIONAL SOBRIETY WORKSHOP

BROUGHT TO YOU BY:  
DISTRICT 81 WORKSHOP COMMITTEE

A NEW PERSPECTIVE ON THE 12 STEPS

EMOTIONAL + SOBRIETY = "EMOTIONAL SOBRIETY"

HOW DO I "GET" THERE?

WHY DO I WANT TO "BE" THERE?

WHAT HAPPENS TO ME WHEN I "AM" THERE?

HOW DO I "STAY THERE?"

**MAY 17TH, 2025 FROM 1PM - 4PM**

**HOLY TRINITY EPISCOPAL CHURCH**

4613 STATE HWY 3, DICKINSON, TX 77539

Language of the Heart  
Lenguaje del corazón  
Le langage du cœur

REGISTER BY  
APRIL 15  
FOR EARLY BIRD  
PRICING

2025  
**A.A. INTERNATIONAL  
CONVENTION**

Join your friends in Vancouver,  
British Columbia, Canada  
July 3-6

HIGHLIGHTS INCLUDE...

- ▶ Thursday night block party
- ▶ Flag Ceremony
- ▶ Stadium meetings
- ▶ Old Timers Meeting

AND MORE...including 250+ meetings,  
hospitality suites, and a full slate of  
panels and workshops

HOUSING IS  
STILL  
AVAILABLE!

REGISTER NOW

LEARN MORE  
[aa.org/international-convention](http://aa.org/international-convention)

2025ic@aa.org

Pride In Recovery  
Presents

# DRAG NIGHT

Speakers:  
**Wesley -7 years**  
**Stephanie- 3 years**

Bingo June 14, 2025  
Lip Sync Battle 3-9 pm  
Great Wolf Lodge  
Webster, TX  
.. and more!!!



# ACCESSING THE FOURTH DIMENSION

In Alcoholics Anonymous (AA), the concept of the "fourth dimension" is a metaphorical and spiritual idea that emerges within the context of recovery and personal transformation. It primarily refers to a deeper, more meaningful way of living that transcends ordinary experiences, allowing individuals to access a state of clarity, peace, and connection with a higher power, often described in AA as God or a Higher Power of their own understanding.

The phrase "fourth dimension" appears in the Big Book of Alcoholics Anonymous, specifically in the chapter titled "We Agnostics." It is introduced as a way of describing the profound change that can occur in the life of an alcoholic when they fully embrace the program's spiritual principles. In this context, the fourth dimension represents a shift from living in the physical and emotional world of addiction—dominated by self-centeredness, fear, and obsession—to a new spiritual reality in which one experiences freedom, serenity, and spiritual awakening.

The concept draws on the idea that the human experience is typically understood in three dimensions: length, width, and depth. These are the physical and measurable aspects of our existence. The "fourth dimension," however, goes beyond this and symbolizes a spiritual awakening—a new way of perceiving life that is not bound by material or self-destructive concerns. It is about perceiving the world in a more spiritual and expansive way, aligning oneself with a purpose and an understanding of a greater cosmic order.

In AA, accessing the fourth dimension involves several steps. First, it requires a recognition that addiction has caused suffering and that individuals are powerless over alcohol. The admission of powerlessness is the starting point for a deeper spiritual transformation. This acknowledgment opens the door to the spiritual practices that are central to the program, such as prayer, meditation, and self-reflection. The goal is not just to stop drinking, but to achieve a transformation of character and mindset—a profound shift in perspective.

Another key element of entering the fourth dimension is developing a relationship with a Higher Power, however one defines it. For many, this means embracing a spiritual practice or philosophy that transcends the limitations of the individual self. This connection to something greater helps alcoholics develop humility, gratitude, and a sense of purpose that replaces the ego-driven behaviors that once led to addiction.

The fourth dimension is also about living a life of service, giving back to others, and finding joy in helping others recover. It emphasizes the importance of community and fellowship, where individuals share their experiences, strength, and hope with one another. By working the 12 Steps and integrating their principles into daily life, individuals can tap into this spiritual dimension, accessing a peace that was previously unknown to them.

In summary, the "fourth dimension" in Alcoholics Anonymous is a metaphorical representation of spiritual awakening and transformation. It refers to a state of being where an individual transcends the limitations of addiction and self-centeredness, embracing a deeper, more meaningful life. Accessing this dimension requires commitment to the spiritual practices of the AA program and a willingness to change. It is a lifelong journey of growth, connection, and peace.

## **THE REALM OF THE SPIRIT PG 7 AS BILL SEES IT**

**In ancient times material progress was painfully slow. The spirit of modern scientific inquiry, research, and invention was almost unknown.**

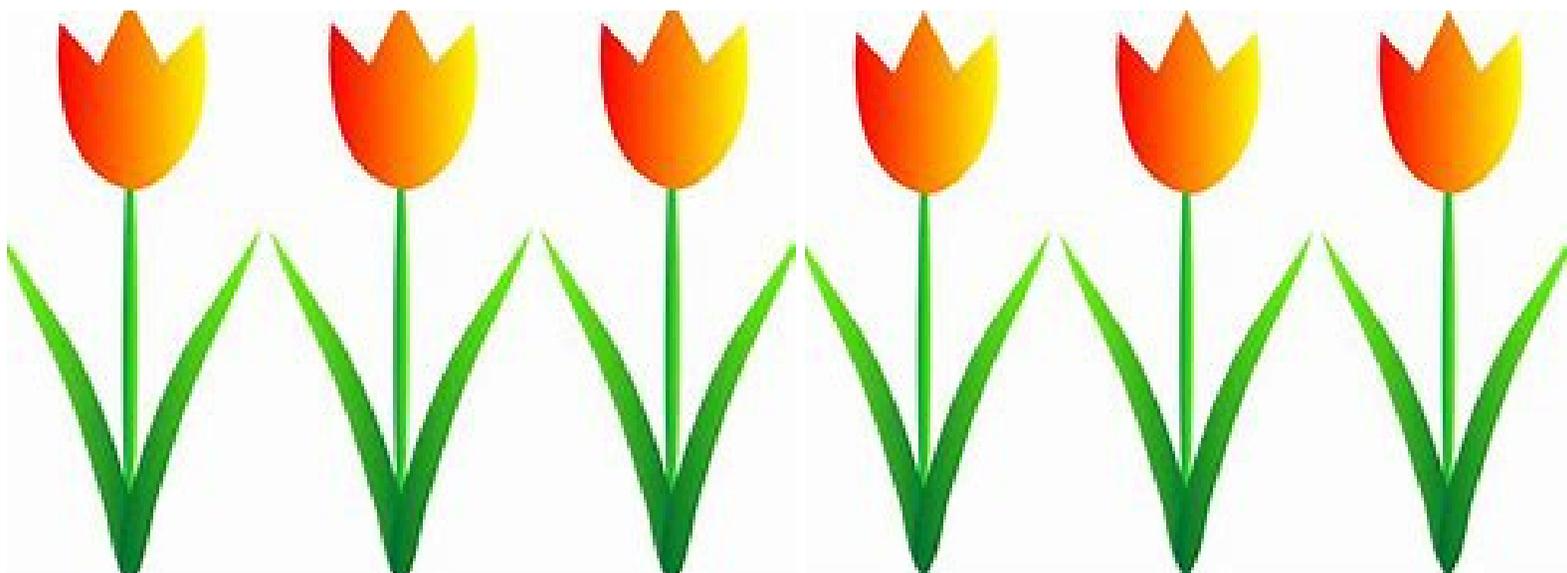
**In the realm of the material, men's minds were fettered by superstition, tradition, and all sorts of fixed ideas. Some of the contemporaries of Columbus thought a round earth preposterous. Others came near putting Galileo to death for his astronomical heresies.**

**Are not some of us just as biased and unreasonable about the realm of the spirit as were the ancients about the realm of the material?**

**««««»»»»**

**We have found that God does not make too hard terms with those who seek Him. To us, the realm of spirit is broad, roomy, all inclusive, never exclusive or forbidding to those who earnestly seek. It is open, we believe, to all men.**

- 1. Alcoholics Anonymous p. 51**
- 2. Alcoholics Anonymous p. 46**



## **PRIMARY PURPOSE: TRADITION FIVE**

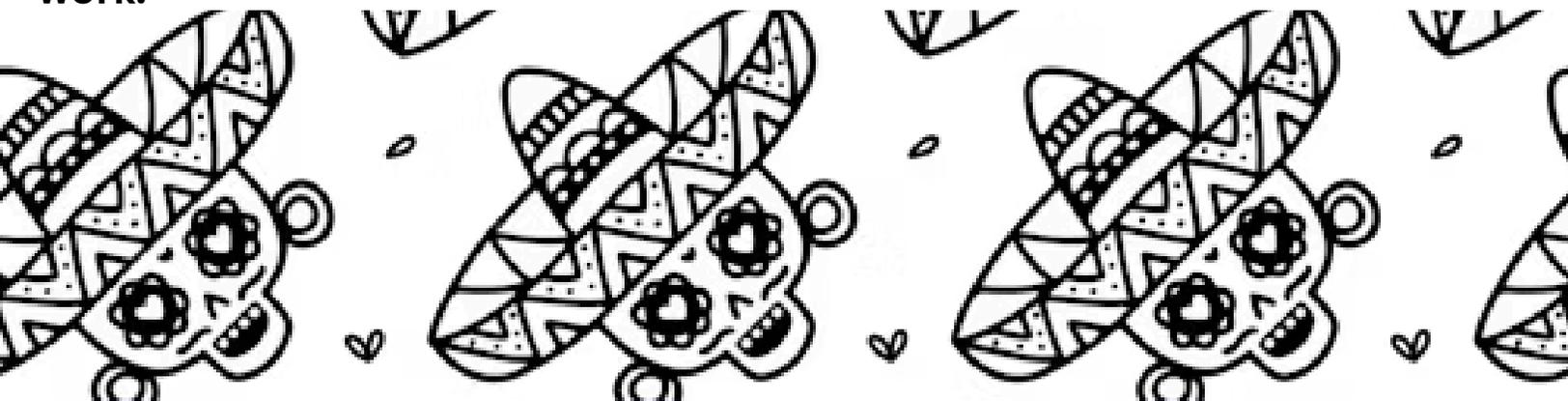
**"Each group has but one primary purpose—to carry its message to the alcoholic who still suffers."**

**This tradition means that every AA group has one main goal: to help people who still struggle with alcoholism. That's it. Everything the group does should support this goal. AA groups aren't there to make money, get involved in politics, or try to fix other problems. They are there to help alcoholics recover.**

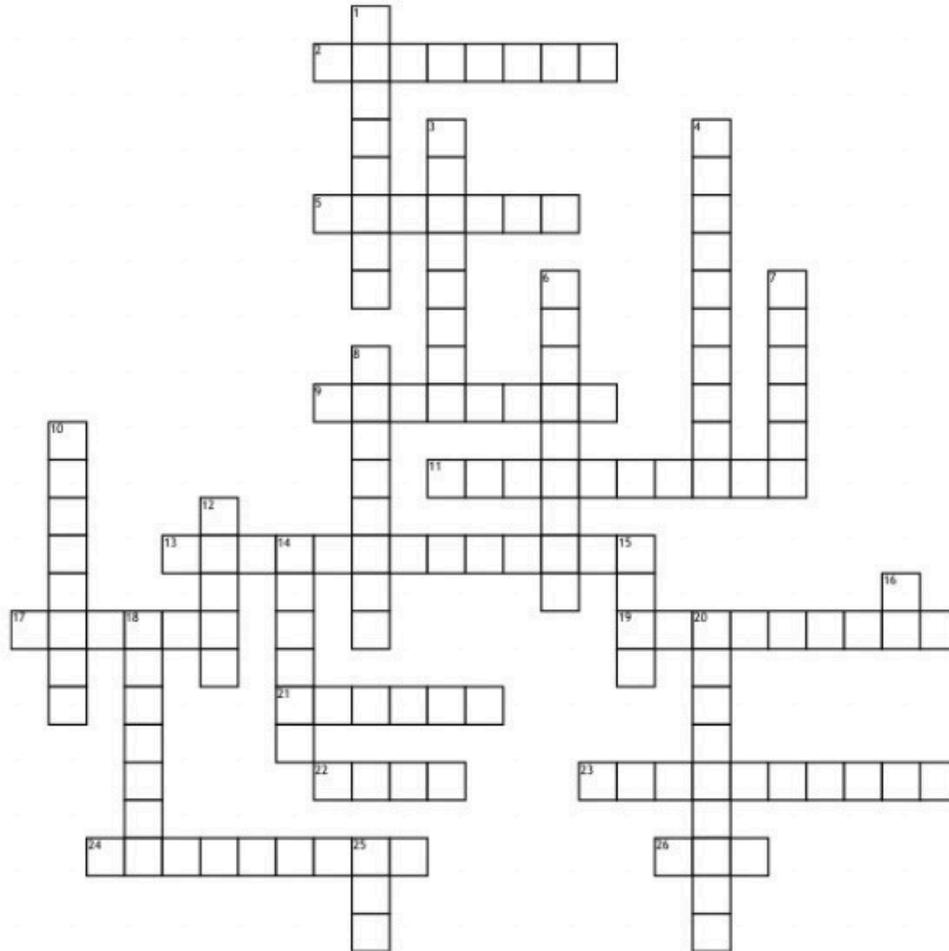
**AA members understand how hard it is to deal with alcohol addiction because they've been through it themselves. That's why they want to share their experiences, strength, and hope with others. By telling their stories and showing that recovery is possible, they can help others feel less alone and give them a reason to keep trying.**

**Tradition 5 keeps AA focused. Without it, groups might start to get distracted by other good causes or personal goals. But if they do that, they might forget what AA is really for—helping alcoholics get better. By keeping their purpose clear, AA groups stay strong and effective. Helping others also helps the person who is doing the helping. When members share their recovery journey, it reminds them how far they've come and keeps them on the right track too.**

**In simple words, Tradition 5 is about sticking to what AA was created for—supporting people who want to stop drinking. That focus is what makes AA work.**



# Alcoholics Anonymous



## Across

2. Half \_\_\_\_\_ availed us nothing  
 5. Lack of power was our \_\_\_\_\_  
 9. Half \_\_\_\_\_ availed us nothing  
 11. Group \_\_\_\_\_  
 13. A Principle \_\_\_\_\_  
 17. Bill \_\_\_\_\_  
 19. This program is \_\_\_\_\_  
 21. A \_\_\_\_\_ for you

22. \_\_\_\_\_ to believe in a Power Great than ourselves.  
 23. We place \_\_\_\_\_ before personalities  
 24. AA Magazine  
 26. Who could and would if he was sought  
**Down**  
 1. Calmness, peace; we ask for this  
 3. 90 \_\_\_\_\_ in 90 Days  
 4. AA Founder  
 6. Mental \_\_\_\_\_  
 7. \_\_\_\_\_ Steps

8. Three Legacies: Unity, Service, \_\_\_\_\_  
 10. There is a \_\_\_\_\_  
 12. What is to die  
 14. How many steps  
 15. \_\_\_\_\_ Does It  
 16. Abbreviation for Alcoholics Anonymous  
 18. It is suggested you get a \_\_\_\_\_  
 20. Continued to take personal  
 25. Another word for non-existent \*three letter word

# GRAPEVINE

THE INTERNATIONAL JOURNAL OF ALCOHOLICS ANONYMOUS  
AAGRAPEVINE.ORG  
MAY 2025

## Higher Powered

A bumper sticker got her attention, but it was the kindness of members and a childhood religion that helped her dive into Step Two



SPECIAL SECTION  
*Young & Sober*

## MAY GRAPEVINE

There are options for print and digital subscriptions, ranging from 1 month to 3 years. Get one for yourself, buy one as a gift for your sponsee or sponsor, or both! It's a wonderful way to share experience, strength, and hope.

Scan the QR code below using your phone's camera feature and be taken directly to:  
<https://www.aagrapevine.org/store/us-subscriptions>



## MAY F&B REPORT D81



**Scan QR code to access  
the District 81 website!**

D81 Budget Summary	
Opening Checkbook Balance	\$ 10,497.31
Group Contributions	\$ 2,343.29
Other Contributions	
Less Expenses	\$ 366.61
Net Income	\$ 1,976.68
Ending Checkbook Balance	\$ 12,473.99
Prudent Reserve Emergency Funds	\$ (2,000.00)
Unused Budget (Restricted Deficit)	\$ (11,675.16)
Available Funds	\$ (1,201.17)