



# DISTRICT 81

## JUNE 2025

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**Step 6: Were entirely ready to have God remove all these defects of character**

**Tradition 6: An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.**

**Concept 6: The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board**

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**WHEN ANYONE, ANYWHERE, REACHES OUT FOR HELP; I WANT THE HAND OF AA ALWAYS TO BE THERE. AND FOR THAT: I AM RESPONSIBLE.**

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# UPCOMING EVENTS & COMMITTEE MEETINGS

**June 4: District 81 meeting** 7pm at Kelley's in La Marque 4604 Gulf Fwy, La Marque, TX 77568

**June 11: Accessibility Committee meeting** 6:30pm online via Google Meet  
<https://meet.google.com/qvk-rjzk-nad>

**June 11: Correctional Facilities meeting** 6:30pm at the Bay Area Club, 2111 Webster St, League City, TX 77573

**June 14: Live at 5 speaker meeting - Dawn F** 5pm at the Bay Area Club, 2111 Webster St, League City, TX 77573

**June 15: Newsletter Committee meeting** 5pm at Dawn F.'s house.

**June 15: Finance & Budget meeting** 7pm via Google Meets, send email to F & B committee chair to receive meeting info

**June 15: Website Committee meeting** 6pm online; send email to [john.a@aa-seta.org](mailto:john.a@aa-seta.org) to be added to the Google Meet invite.

**June 15: Workshop Committee meeting** 6:30pm Jason's Deli in League City

**June 16: Grapevine Committee meeting** 5:30pm via Google Meets, send email to Grapevine committee chair to receive meeting info

**June 18: Literature Committee meeting** 5:30pm via Google Meets <https://meet.google.com/nua-xrnx-tzc>

**June 18: Treatment Facilities Committee meeting** 7:00pm at Red River BBQ in League City, and via Zoom: 868-5564-9879; passcode: 06-10-1935

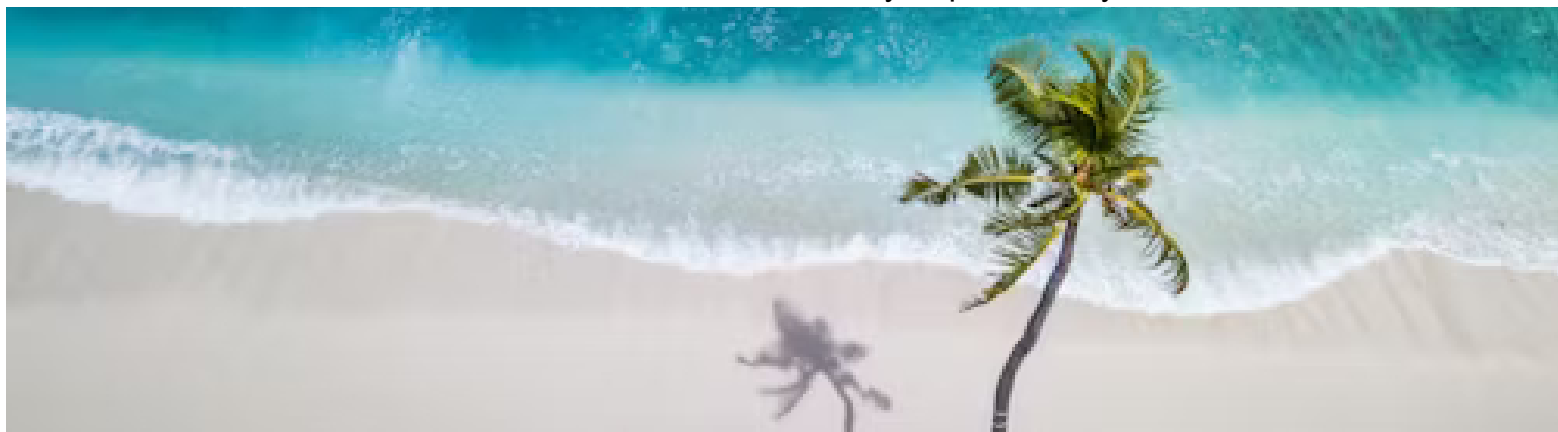
**June 20: Archives Committee meeting** 6:00pm at the Bay Area Club, 2111 Webster St, League City, TX 77573 Rm E or F

**June 26: PI/CPC Committee meeting** 6:30pm via Google Meets <https://meet.google.com/csw-pwgf-gyp>

**July 13: TFC Committee Workshop** 1-4pm at the Bay Area Club, 2111 Webster St, League City, TX 77573; see flyer!

**August 15-17: Texas State AA Convention** at Royal Sonesta Hotel, Houston Galleria Area 2222 W Loop S, Houston, TX 77027

**October 24-26: TXSCYPAA 44** at Marriott South at Hobby Airport; see flyer!



# 78<sup>th</sup> Annual TexAs State Convention

August 15-17, 2025 – Houston, TX

“Service is Love in Action”

## AA Speakers

Aaron Z., Molalla, OR  
Donny M., Winnipeg, CA  
Tammy Z., Spruce Pine, NC  
Racy J. (GSO), NYC, NY  
Wayne H., Frisco, TX  
Hector H. (Spanish) El Salvador

## Al-Anon

Magdalena E., Seattle, WA



## Royal Sonesta Hotel

Houston Galleria Area  
2222 W. Loop South  
Houston, TX 77027  
713-627-7600 (Direct)  
800-766-3782 (Reservations)

## \$149 Room Rate

Convention Code 081525TXSAA  
Cut-off for \$149 rate is 7/18/2025  
Self-Parking: \$22.50/day

## Convention Attractions

- 1st Timer Contest
  - AA Meetings
  - Archives Room
  - Hospitality Suite
  - Workshops
  - Spanish Speakers
  - Spanish Translation (Bring your own earbuds)
- The famous Houston Galleria and numerous restaurants within walking distance of the hotel!*

Website: [txaaconvention.org](http://txaaconvention.org) | Email: [info.houstontsc@gmail.com](mailto:info.houstontsc@gmail.com)

**PRE-REGISTRATION ENDS 8/1/2025**

Full name: _____	Use this form and send payment to: Texas State Convention P.O. Box 7503, Houston TX 77270 OR register online at <a href="http://www.txaaconvention.org">www.txaaconvention.org</a>
Home Group: _____	
Full name: _____	Badge name: _____
Home Group: _____	[ ] AA [ ] Al-Anon [ ] Alateen
Address: _____	Badge name: _____
City/State/Zip: _____	[ ] AA [ ] Al-Anon [ ] Alateen
	Phone #: _____
	Email: _____
# _____ AA @ \$25 thru 8/1/25 (\$30 onsite) \$ _____	
# _____ Al-Anon @ \$25 thru 8/1/25 (\$30 onsite) \$ _____	<u>Alateens must have signed permission forms!</u>
# _____ Alateen @ \$5 \$ _____	
Scholarship donation \$ _____	Please indicate any special needs on pre-registration form.
TOTAL DUE \$ _____	
Opt out of future USPS mailings: <input type="checkbox"/>	Special needs: _____

## DISTRICT 81

## TREATMENT FACILITIES COMMITTEE

## PRESENTS



WHAT'S IT ALL ABOUT?

## SERVICE



HOSTED BY  
SPEAKER  
**ANDREA S**

## TRADITIONS



HOSTED BY  
SPEAKER  
**JAY B**

## TREATMENT



HOSTED BY  
SPEAKER  
**MICHAEL B**

REFRESHMENTS - DOOR PRIZES  
JUST A DARN GOOD TIME WITH FRIENDS...AND,  
WE MIGHT LEARN SOMETHING NEW!

**Sunday  
July 13, 1-4pm**

Bay Area Club  
2111 Webster St | League City, TX | 77573



REGISTER BY  
APRIL 15  
FOR EARLY BIRD  
PRICING

2025

## A.A. INTERNATIONAL CONVENTION

Join your friends in Vancouver  
British Columbia, Canada  
July 3-

## HIGHLIGHTS INCLUDE...

- ▶ Thursday night block party
- ▶ Flag Ceremony
- ▶ Stadium meetings
- ▶ Old Timers Meeting

AND MORE...including 250+ meetings,  
hospitality suites, and a full slate of  
panels and workshops

HOUSING IS  
STILL  
AVAILABLE!

REGISTER NOW



## LEARN MORE

[aa.org/international-convention](http://aa.org/international-convention)

2025ic@aa.org

Live at 5 Group

# SPEAKER MEETING

Speaker:

**Dawn F.**

“I am blessed with Alcoholism!”

Sobriety Date: 06/22/97

**Saturday, June 14 2025  
5pm**

**Bay Area Club  
Room B**

2111 Webster St., League City, 77573



# FINDING PEACE ONE BREATH AT A TIME

Are YOU practicing 12 steps, or 11.5? “The world’s libraries and places of worship are a TREASURE TROVE for all seekers” (12&12 pg 98)

Meditative practices play a crucial role in assisting us to achieve sobriety and maintain emotional balance. “With it we can broaden and deepen the channel between ourselves and God as we understand Him.” (12&12 pg 102)

Step 11 emphasizes the importance of prayer and meditation to improve our conscious contact with a higher power, seeking guidance and strength. This step encourages us to reflect and connect spiritually, helping us find inner peace and clarity.

There are several forms of meditative practices. One common method is mindfulness meditation. This practice involves paying attention to the present moment without judgment. Members are encouraged to observe their thoughts and feelings.

Another widely used technique is guided meditation. In guided sessions, a leader directs participants through visualizations and calm scenarios, promoting relaxation and mental clarity. These sessions can be particularly helpful for individuals who find it challenging to meditate independently. The soothing guidance aids in easing anxiety and fostering a sense of connection.

Prayer can also be considered a form of meditation. Many of us have found solace in reciting specific prayers or engaging in personal conversations with our higher power. This spiritual practice provides comfort and strength, enabling us to cope with the challenges of life.

Meditative practices offer us a way to connect with ourselves and our higher power, fostering mental clarity, emotional stability, and spiritual growth. Through these practices, we can gain resilience and the ability to navigate life's difficulties without turning to alcohol.

“We all need the light of God’s reality, the nourishment of His strength, and the atmosphere of His grace.” (12&12 pg 97-98)

-Anonymous (Keep On Steppin’)

# Becoming Ready for Change

“Were entirely ready to have God remove all these defects of character.”

This step marks a critical turning point. We move from recognizing our flaws to being prepared to let them go. It's about willingness—an internal readiness to change deeply ingrained behaviors that no longer serve a healthy, sober life.

Step 6 demands a deeper commitment. It challenges us to surrender our pride, fear, anger, and selfishness—traits that often fueled our alcoholism. For example, consider our struggle with control. We may have tried to control situations or people as a way to avoid vulnerability. In Step 6, we must become ready to release this compulsion, even if it's uncomfortable or scary. It's not about being perfect but being open to transformation.

Another common example is resentment. We may carry deep-seated bitterness toward a family member or employer. Holding on to this resentment might feel justified, but it hinders growth. Step 6 asks us to be willing to surrender this emotional baggage, trusting that doing so will bring peace and clarity, by the grace of God.

It's important to note that readiness doesn't mean instant change. It's a marathon, not a sprint! Many of us find we must return to this step repeatedly as new defects become visible. That's why humility is vital—accepting that change is a process and being patient with ourselves is part of recovery.

Ultimately, Step 6 invites us to open ourselves up to a new way of living. It's a spiritual, emotional, and mental preparation that sets the stage for real healing to begin. Without readiness, change cannot take root. But with it, true transformation becomes possible.

-Submitted by Anonymous from Santa Fe Group

## AT THAT MOMENT

I was getting gas early one morning when an older, frail lady walked up to my truck and asked “Sir, do you have a cigarette, please?” I told her I needed to go into the store to get some. As I filled up my truck I thought about the look in her eyes. It was one of total defeat, hopelessness and despair. A look I have seen many times in newcomers to A.A. and one that was in my eyes when I started this journey. As I finished getting gas she approached me again and asked if I had a dollar so she could get something to eat. She said she had \$3 but the sandwich was \$3.50, and the clerk kicked her out of the store.

I then asked her to come into the store with me. I treated her with dignity and respect. I held the door open for her as she entered. The clerk stood up behind the counter and I waved him off. I frequent that store, so he was familiar with me. I asked her if she wanted a cup of coffee, she timidly reached for a small cup. I said it was a cold morning and to get a large one. Unsure of what was taking place she hesitated for a moment then got a large coffee. We then turned to the sandwiches, and I told her to get the one she wanted. With a puzzled look on her face, she picked a sandwich. On the way to the counter i mentioned that a sandwich needed a bag of chips to go with it, so she got one.

When we were outside, I gave her a few cigarettes and wished her a wonderful day. She looked me in the eyes, with a tear in hers and said” The world could use more people like you.” After a short pause she said, “God bless you.” I replied “He just did”

The essential psychic change is not just the obsession and phenomenal craving leaving me. It's not just the bedevilments being gone. It's not the 9 items on page 86, as I retire and review my day or thinking of those things through the day so that I can do the right things and make good decisions. It's all of those and more.

When I sat in my truck with a tear of happiness, joy and freedom rolling down my face, I realized it. At that moment “Thy will, not mine, be done” was no longer a part of a prayer or something to strive for. It has become a part of me; it is how I am living my life today without forethought or a second thought. That is when the essential psychic change became clear to me.

-**John G** (Texas City Group)

Name: \_\_\_\_\_ Date: \_\_\_\_\_

# AA RECOVERY

T R Z R T P U O X J I N N F H M C I K I L F P S  
N A L C O H O L I C Y O O G K J A B F O O I A X  
E B B G T Z E V L T D I I U Y H R S B B L N R W  
M F C T T W C E P R U T T H R N E P Z S W A R K  
N G Z W B G N F B E I U I H E K L O M P S N G H  
O N T B T F E I Q L G T B A M S E T P D N C G W  
R I B T P M D L T A M I M V O G S D I G O I D G  
I P P F Z R I E Y P C T A A R N S R R Z I A M E  
V E N Y I Y F M O S J S J Q S I X I O A N L Q F  
N E G U K A N O I E Y N U U E V Z N E P A D P F  
E L E N M S O H I P M I C O E A V K V P P I R I  
R S D G W E C Y D R B U Q Q H R G A A G M F M C  
O N T X V A F P F E Q W A S Z C Z L R V O F N I  
I I Z L Q G L P Z V P X M Z V J I O C Y C I O E  
R Y M B W U E A P E C H U F H I A N V Y R C I N  
E T F U Q I S H O N U A E I Y F N E H L E U T C  
F L J L W G P N F T I V H X C N K M S I W L A Y  
N U E G V Y K U U I C I X Q Y D L T O M O T T R  
I C U U S N K C S O U Q T L T H B O A A L I U T  
T I V S B N K J I N U T W F D O O G N F D E P Z  
Q F L O S E T I M E F R O M W O R K H E D S E R  
W F X O Y P F B S T C S L E H M G A H T G K R L  
S I T C K Z W J L T Z N N E W O K X Z B P J K G  
E D T U R D Z Q V H N J G N I Z I D R A P O E J

financial difficulties  
lose time from work  
lower companions  
drink alone  
reputation  
cravings  
family

difficulty in sleeping  
RELAPSE PREVENTION  
self-confidence  
institution  
alcoholic  
careless  
crave

inferior environment  
unhappy home life  
jeopardizing  
efficiency  
ambition  
remorse

## Smile Next Time You Hear...

One day at a time - Progress not perfection - Keep coming back  
Don't pole vault over rat turds - Keep the plug in the jug  
It works if you work it - To thine own self be true  
I can't, He can, I think I'll let Him





## JUNE GRAPEVINE

There are options for print and digital subscriptions, ranging from 1 month to 3 years. Get one for yourself, buy one as a gift for your sponsee or sponsor, or both! It's a wonderful way to share experience, strength, and hope.

Scan the QR code below using your phone's camera feature and be taken directly to:  
<https://www.aagrapevine.org/store/us-subscriptions>



## JUNE F&B REPORT D81



***Scan QR code to access  
the District 81 website!***

D81 Budget Summary	
Opening Checkbook Balance	\$ 12,473.99
Group Contributions	\$ 456.88
Other Contributions	
Less Expenses	\$ 1,423.01
Net Income	\$ (966.13)
Ending Checkbook Balance	\$ 11,507.86
Prudent Reserve Emergency Funds	\$ (2,000.00)
Unused Budget (Restricted Deficit)	\$ (10,252.15)
Available Funds	\$ (744.29)